



LAKE EFFECT

Universal Wrap and SnoPak™

Made in the U.S.A.

KNEE



SHOULDER



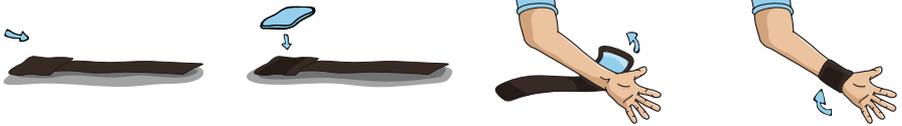
BACK



ANKLE



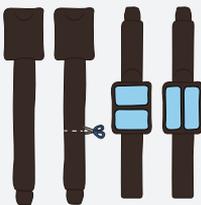
WRIST



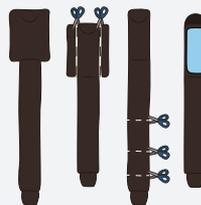
KNEE & SHOULDER



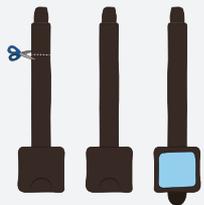
BACK



ANKLE



WRIST



INSTRUCTIONS:

*Read the following information before using.
Product function requires proper application.*

The Lake Effect Universal Wrap provides a revolutionary combination of cold therapy, lightweight compression and joint stabilization. Equipped with SnoPak™ technology that provides up to four hours of continuous cold treatment, the “snow in a bag” directly adheres to the Universal Wrap and comfortably conforms to the body. Reduce post-operative pain, swelling and inflammation to accelerate healing with Lake Effect.

NOTE: The Lake Effect Universal Wrap is to be placed over any dressings that may be on the surgical site.

KNEE

Step 1: Unravel and lay out the wrap **Step 2:** Lay each SnoPak™ on the contact pad, Velcro® side down **Step 3:** Extend the knee straight **Step 4:** Place the SnoPak™ side onto the knee **Step 5:** Wrap the elastic around the knee and SnoPak™, starting from the distal end and working your way up proximal until fully wrapped, and secure

SHOULDER

Step 1: Unravel and lay out the wrap **Step 2:** Lay each SnoPak™ on the contact pad, Velcro® side down **Step 3:** Place the SnoPak™ side onto the shoulder **Step 4:** Draw the elastic under the opposite arm and over the chest until connected (overlapping upon itself to the belt or pad), and secure

BACK

Step 1: Unravel and lay out the wrap **Step 2:** Fold the elastic band in half, and cut along the middle of the fold **Step 3:** Open up the secret flap on the SnoPak™ Velcro® side **Step 4:** Secure the cut strap to the hidden Velcro® flap on the wrap **Step 5:** Lay each SnoPak™ on the contact pad, Velcro® side down **Step 6:** Place the SnoPak™ side onto the back, draw the elastic across the abdomen, and secure

ANKLE

Step 1: Unravel and lay out the wrap **Step 2:** Lay the SnoPak™ on the contact pad, Velcro® side down **Step 3:** Place the SnoPak™ side onto the ankle **Step 4:** Wrap the elastic around the ankle and SnoPak™ until fully wrapped, and secure

WRIST

Step 1: Unravel and lay out the wrap **Step 2:** Lay the SnoPak™ on the contact pad, Velcro® side down **Step 3:** Place the SnoPak™ side onto the affected wrist **Step 4:** Wrap the elastic around the wrist to secure

FREEZING INSTRUCTIONS:

Freeze the SnoPak™ by facing the black surface down so that the air valve is facing up and exposed. Do not stack objects on top of the SnoPak™.

Allow the SnoPak™ to freeze for 1.5-2 hours in the SnoBox prior to initial application. The SnoPak™ will stay cold for 3-4 hours on contact.

For continuous use, freeze each extra SnoPak™ while using the Lake Effect Universal Wrap. Replace SnoPak™ every 4 hours or when cold.

CARE INSTRUCTIONS:

Hand-wash the wrap with a mild detergent and cold water. Rinse thoroughly, removing all detergent residue to avoid skin irritation. Air dry only. A mild disinfectant wipe may be used to clean the SnoPak™. It is not advised to machine wash the SnoPak™.

CAUTION:

The Lake Effect SnoPak™ is 100% non-toxic and is intended for external use only. Each SnoPak™ will last for approximately 50 freeze cycles. If the SnoPak™ is left in the freezer for extended periods of time, it will start to harden. After many freeze cycles, the SnoPak™ will not be as fluffy. If this is the case, thaw the SnoPak™ slightly before using. If the SnoPak™ becomes hard, replace it with new SnoPak™. The SnoPak™ is coated with a layer of material to help prevent damage and injuries to skin tissue. **DISCARD IF PUNCTURED OR TORN.**

WARNING:

Incidents of pain, swelling, changes in sensation or unusual reactions should be immediately reported to your medical professional. The manufacturer makes no guarantee that injury will be prevented using this product.